

COMMUNITY WELLNESS

A row of black silhouettes of various house shapes, including some with chimneys, positioned below the 'COMMUNITY WELLNESS' title.

Northwest Territories Community Wellness in Action: 2002-2003

Summary Report of Community Wellness Initiatives



Message from the Minister



It is my pleasure to present *Community Wellness in Action 2002-2003: Summary Report of Community Wellness Initiatives*.

This report shares information on the many successful community wellness initiatives that were implemented in communities across the Northwest Territories in 2002-2003.

It identifies wellness priorities of communities and promotes collaboration and innovation by enabling communities to learn from each other's wellness activities and experiences.

The Department of Health and Social Services and Health Canada have supported communities' efforts to promote healthier lifestyle choices and increase wellness by making a number of funding programs available.

I encourage Northern residents to continue to take advantage of the various funding programs available to them and to participate in wellness activities offered in their communities.

A handwritten signature in black ink, reading "J. Michael Miltenberger". The signature is fluid and cursive, with the first letters of the first and last names being capitalized and prominent.

J. Michael Miltenberger

Minister of Health and Social Services

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Introduction

The *2002-2003 Wellness in Action* report is a publication of the Department of Health and Social Services, Government of the Northwest Territories. It provides detailed information of wellness initiatives implemented in communities across the Northwest Territories between April 1, 2002 and March 31, 2003. During this time period more than 7.5 million dollars were spent on community wellness programs and activities in 32 communities.

Funding was provided by eleven federal and territorial wellness programs:

- Aboriginal Head Start
- AIDS Community Action Program
- Brighter Futures
- Canada Prenatal Nutrition Program (First Nations and Inuit component)
- Canada Prenatal Nutrition Program (General Population component)
- Community Action Program for Children
- Community Animation Program
- Health Promotion Fund
- Healthy Children Initiative
- Hepatitis C Prevention, Support and Research Program
- Population Health Fund

Three of these wellness programs – Brighter Futures, Aboriginal Head Start, and the Canada Prenatal Nutrition Program (First Nations and Inuit Component) – provided funding specifically for Aboriginal people, while eight wellness programs targeted the general population. As well, three wellness programs – Brighter Futures, the Canada Prenatal Nutrition Program (First Nations and Inuit Component), and the Healthy Children Initiative – had budget allocations for every community in the Northwest Territories while the other wellness programs support initiatives in selected communities only.

Although wellness programs supported a wide range of activities and initiatives and targeted various age groups, communities allocated great parts of their resources to early childhood development programs and community mental health projects and initiatives. The latter included sports and other recreational activities; on-the-land programs; workshops; youth programs; spiritual gatherings; traditional arts, craft, music and games; and community celebrations.

This report lists wellness funding and wellness initiatives according to region. The information provided has been derived from community reports. Funding under all wellness programs, except the Health Promotion Fund and Tobacco Strategy funding, is representative of dollars committed to projects in Contribution Agreements. Funding under the Health Promotion Fund and the Tobacco Strategy is representative of actual expenditures. A chart outlining all wellness programs and their funding agencies has also been provided.

Description of Wellness Programs

Brighter Futures*



Brighter Futures is designed to assist First Nations and Inuit communities in developing community-based approaches to health programs. The purpose is to improve the quality of, and access to, culturally sensitive wellness services in the community. These services will in turn help create healthy family and community environments, which support child development. While the program is intended specially for First Nations and Inuit children newborn to age six, it is recognized that children's needs cannot be separated from those of their families and community. There are a number of components to Brighter Futures: mental health; child development; injury prevention; healthy babies; solvent abuse, and parenting skills. The communities determine their priorities and allocate their resources accordingly.

Canada Prenatal Nutrition Program (CPNP)*



CPNP is a universally accessible program that helps communities to develop or enhance comprehensive services for pregnant women who may be at risk for their own health and the development of their babies. Projects promote breastfeeding, both initiation and continuation; aim to improve the diets of pregnant and breastfeeding women; and attempt to help women feed their infants appropriately for their age. The program has a component for First Nations and Inuit women.

Aboriginal Head Start (AHS)*



Aboriginal Head Start is an early intervention program for First Nations, Inuit and Métis children and their families. It is primarily a preschool program that prepares young Aboriginal children for school by meeting their spiritual, emotional, intellectual and physical needs.

Aids Community Action Program (ACAP)**



ACAP is a component of the Canadian Strategy on HIV/AIDS, the federal government's framework to respond to AIDS in Canada. ACAP aims at (i) preventing the spread of HIV; (ii) ensuring treatment, care and support for people living with HIV and AIDS, their caregivers, families and friends; (iii) minimizing the adverse impact of HIV/AIDS on individuals and communities; and (vi) minimizing the impact of social and economic factors that increase individual and collective risk for HIV infection.

Community Action Program for Children (CAPC)*



CAPC funds community-based coalitions to establish and deliver services to meet the developmental needs of children under age six living in conditions at risk. These children: are living in low-income families; are living in teenage-parent families; are at risk of, or have, developmental delays, social, emotional or behavioral delays; and/or are neglected or abused.

Description of Wellness Programs

Community Animation Program (CAP)**

The goal of CAP is to increase communities' understanding of health and environment links, and to strengthen communities' ability to take action on these issues.

Hepatitis C Prevention, Support and Research Program**

The program has four major goals: to contribute to the prevention of hepatitis C infection; to support persons infected with and affected by hepatitis C; to provide a stronger evidence base for hepatitis C policy and programming decisions and advance prevention, treatment and cure options by expanding the body of available research and research capacity; and to strengthen the response of the Canadian population to hepatitis C through increased awareness and capacity.

Population Health Fund (PHF)*

The goal of the Population Health Fund is to increase community capacity for action on or across determinants of health. Through project funding, the Population Health Fund supports initiatives that facilitate coordinated action among voluntary organizations, service providers, governments and the private sector to improve population health.

Healthy Children Initiative (HCI)***



This initiative supports the development of children from prenatal to age six. It focuses on prevention and health promotion and supports a wide range of programs and services from primary intervention to therapeutic services. The HCI is based on a more family-centered model. Earlier child-centered models were treatment driven – focusing on correcting and treating weaknesses and deficits. The family-centered approach places more emphasis on family needs and strengths.

Health Promotion Strategy Fund****

HPF supports community-based projects that improve the health of prenatal women, infants, children and youth. The goal of the strategy is to improve health and wellness through community development, the promotion of healthy lifestyles and the reduction of preventable diseases.

First Nations and Inuit Tobacco Strategy funding

The purpose of this funding is to reduce smoking rates and ultimately tobacco related illness and death among First Nations and Inuit populations.

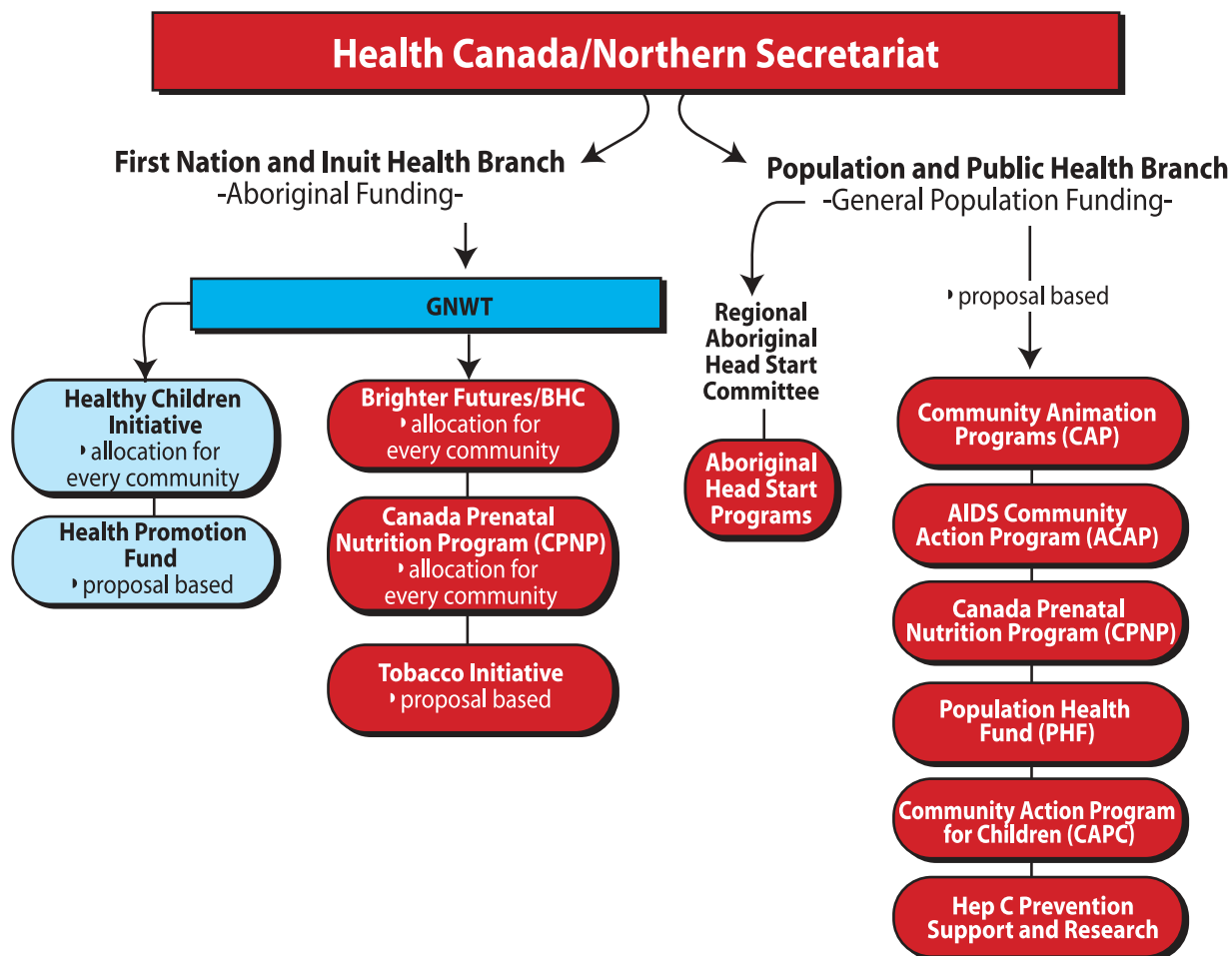
* Government of Canada (2001) *Federal/Provincial/Territorial Early Childhood Development Agreement: Report on Government of Canada Activities and Expenditures 2000-2001*.

** Health Canada – Population and Public Health Branch (<http://www.hc-sc.gc.ca/hppb/regions/ab-nwt/program/>).

*** Department of Education, Culture and Employment, Government of the Northwest Territories (<http://siksik.learnnet.nt.ca>).

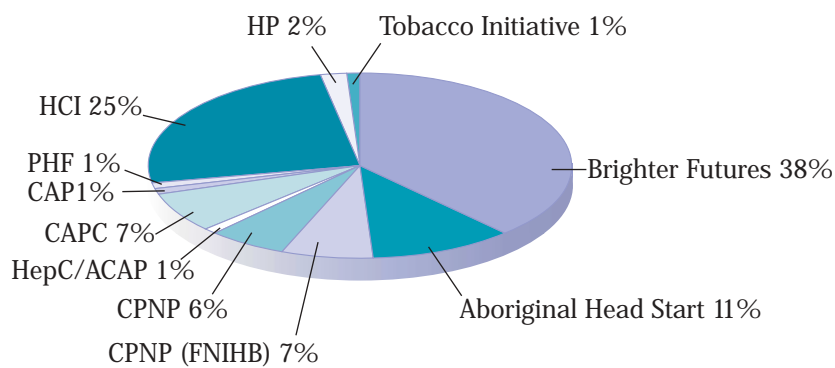
**** Health Promotion Unit, Department of Health and Social Services, Government of the Northwest Territories, *Health Promotion Strategy Fund – A Summary of Initiatives 1999-2002*.

Community Wellness in the NWT Wellness Programs and Funding Agencies



Overview of Funding

Wellness Initiatives 2002/2003 NWT Overview



Overview of 2002/2003 Wellness Funding by Region*

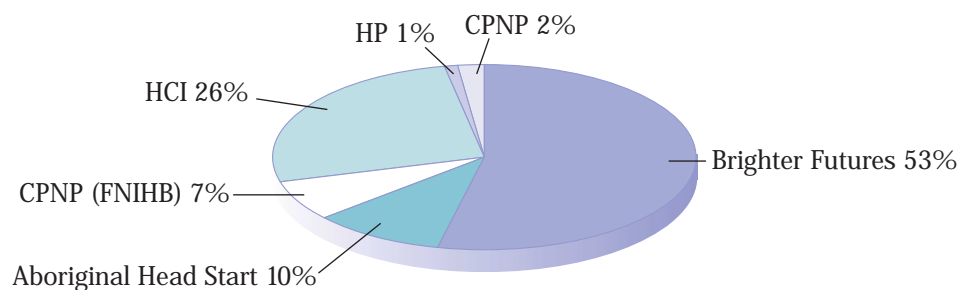
	Brighter Futures	CPNP (FNIHB)	Aboriginal Head Start	CPNP	CAPC	CAP	HepC/ ACAP	PHF	Healthy Children	Health Promotion	Tobacco	Total
Deh Cho Region	496,387.35	65,002.00	213,000.00	80,000.00	120,000.00	-	5,170.00	-	189,525.00	18,917.00	-	1,188,001.35
Dogrib Treaty 11 Region	466,640.95	84,904.00	137,500.00	-	60,000.00	5,000.00	22,356.00	-	166,670.00	3,874.00	-	946,944.95
Beaufort Delta	1,174,041.82	175,689.00	213,000.00	40,000.00	-	4,000.00	7,245.00	-	583,858.00	31,796.00	-	2,229,629.82
Sahtu Region	395,042.75	73,513.00	-	-	-	-	10,000.00	-	208,784.00	5,040	-	692,379.75
Treaty 8 Region	307,970.00	57,019.00	106,500.00	104,000.00	122,000.00	21,798.00	21,225.00	-	255,397.00	39,021.00	-	1,034,930.00
Yellowknife Region	145,775.00	18,371.00	213,000.00	230,000.00	271,000	7,152.00	10,000.00	37,500.00	509,223.00	33,705.00	-	1,475,726.00
Other Projects	-	89,648.00	-	-	-	35,409.00	20,000.00	-	-	9,975.00	41,657.00	196,689.00
Total	2,985,857.87	564,146.00	883,000.00	454,000.00	573,000	73,359.00	95,996.00	37,500.00	1,913,457.00	142,328.00	41,657.00	7,764,300.87

* Information on the figures used in this table has been provided in the Introduction (see page 3).



Beaufort Delta Region - 2002/2003 Funding*

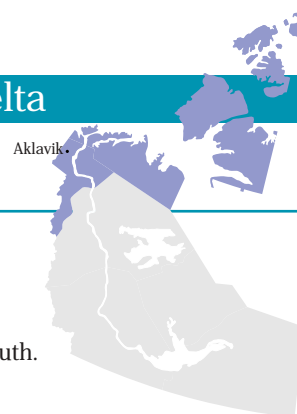
	Brighter Futures	CPNP (FNIHB)	Aboriginal Head Start	CPNP	CAPC	CAP	HepC/ACAP	PHF	Healthy Children	Health Promotion	Total
Aklavik	170,263.00	35,994.00	-	-	-	-	-	-	203,328.00	3,745.00	413,330.00
Fort McPherson	198,183.00	31,962.00	106,500.00	-	-	-	-	-	30,860.00	-	367,505.00
Holman	76,853.00	15,323.00	-	-	-	-	-	-	37,160.00	3,800.00	133,136.00
Inuvik	322,736.00	10,500.00	-	40,000.00	-	-	-	-	146,360.00	17,583.00	537,179.00
Paulatuk	38,082.82	10,465.00	106,500	-	-	-	-	-	33,470.00	6,668.00	195,185.82
Sachs Harbour	27,095.00	7,877.00	-	-	-	4,000.00	-	-	18,840.00	-	57,812.00
Tsiigehtchic	61,300.00	11,339.00	-	-	-	-	7,245.00	-	18,065	-	97,949.00
Tuktoyaktuk	197,177.00	25,874.00	-	-	-	-	-	-	95,775.00	-	318,826.00
Regional	82,352.00	26,355.00	-	-	-	-	-	-	-	-	108,707.00
Total	1,174,041.82	175,689.00	213,000.00	40,000.00	0.00	4,000.00	7245.00	0.00	583,858.00	31,796.00	2,229,629.82



* Information on the figures used in this table has been provided in the Introduction (see page 3).



Brighter Futures



Aklavik Indian Band

- A Program Coordinator was hired to coordinate and administer the programs in the community.
- A Hamlet Youth Coordinator was hired to coordinate and administer programs for youth.
- **Community Mental Health**
 - Funds supported the Mad Trapper Celebration where community members gathered for a feast and for stories about the history of Aklavik and the Mad Trapper.
- **Child Development**
 - The “Operation Beaver” program brought three volunteers into the community to assist teachers, tutor students and organize youth activities.
 - A literacy project helped children feel positive about learning to read.
 - Six children participated in a two-day on the land trek.
 - A school youth advisor program was offered to give younger children the opportunity to have role models in older students.
 - Community youth gathered several times as a youth assembly to hear elders speak on various issues.

Inuvialuit Regional Corporation

- A coordinator was hired to administer all wellness-funding initiatives.
- An assistant recreation coordinator was hired to plan and implement youth activities in the community.
- **Community Mental Health**
 - Several elder and youth programs took place over the year bringing together youth, elders and families.
 - Funds supported the Mad Trapper Celebration where community members gathered for a feast and for stories about the history of Aklavik and the Mad Trapper.
 - National Inuit Youth Day activities were held for community members.
- **Child Development**
 - Children were involved in an on-the-land program where they were taught several traditional skills.
 - A school youth advisor program was offered to give younger children the opportunity to have role models in older students.
 - Healthy snack programs were provided for children in the community where they learned to eat healthy and were provided nutritious food.



Canada Prenatal Nutrition Program

Aklavik Indian Band

- A total of seven cooking groups were held with approximately six prenatal, postnatal, and/or breastfeeding women attending each session. Nutrition was talked about as part of the prenatal nutrition program on a group basis. Two separate education sessions/activities were held. Approximately nine to six prenatal, postnatal, and/or breastfeeding women participated in each session/activity. Other services offered included breastfeeding activities, food supplements, games, and prizes or incentives.

Inuvialuit Regional Corporation

- A total of 27 cooking sessions were held with approximately seven prenatal, postnatal, and/or breastfeeding women attending each session. Nutrition was talked about as part of the prenatal nutrition program on a one-to-one and group basis. Five separate education sessions and/or activities were held. Approximately six prenatal, postnatal, and/or breastfeeding women attended each session/activity. Other services offered included food supplements, food vouchers, home visits, games, and prizes or incentives. As well, a community feast was organized.

* Statistics Canada (March, 2002). *Census Population Counts, by Region and Community, Northwest Territories* (<http://www.stats.gov.nt.ca/Statinfo/Census/census%2001/Newstats.pdf>), August 10, 2002



Healthy Children Initiative

Aklavik Child Development Centre

- *Preschool program* - The funding helped to support childcare workers, healthy food for the children and general operation costs (food, rent and preschool supplies). Elders' teas were also held weekly at Joe Greenland Centre, elder residence.

Aklavik District Education Authority

- Funds supported a Student Advisor for Kindergarten/Grade One. The advisor worked with small groups of children to increase reading comprehension and reinforce learning concepts, assisted classroom teacher with preparation, daily snack program, and worked as a liaison for classroom teacher and the parents.

Student Advisor Program

- A classroom assistant was hired to help children with special educational requirements work in smaller groups.

Health Promotion Fund

Moose Kerr School

- The teacher used soccer clinics and an outdoor on-the-land program to help students understand the importance of integrating active living and healthy eating habits. A cookbook was created promoting healthy eating. The project received front page coverage in News/North (May 19, 2003).

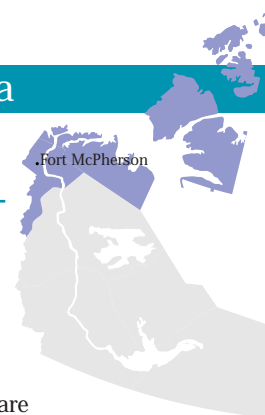




Brighter Futures

Tetlit Gwich'in Council

- A Community Wellness Coordinator was hired to plan, implement and administer wellness programs in the community.
 - **Community Mental Health**
 - The Midway Lake Music Festival was organized for all community members to share dancing, story telling and traditional food.
 - Caregivers in the community attended a three-day suicide prevention refresher course and offered counseling services throughout the year.
 - **Child Development**
 - Two youth advisors assisted children with behavioral problems.
 - Physical activity youth programs were offered for children.
 - Children attended an on-the-land trip where they learned traditional skills and survival.
 - Youth attended the Dreamcatchers Conference in Edmonton.
 - A summer day camp was held for children in August.
 - Community youth went on a youth trek learning on the land traditions with peers.
 - Elders taught children in grades four to six traditional values and self-confidence.
 - **Solvent Abuse**
 - Family activities were held during National Addictions Awareness Week to promote healthy living and avoiding drugs and alcohol.



Canada Prenatal Nutrition Program

Tetlit Gwich'in Council

- Weekly cooking groups and a total of 29 separate education sessions/activities were held. Approximately 17 prenatal, postnatal, and/or breastfeeding women and three non-pregnant women of childbearing age attended each cooking group and session. Nutrition was talked about as part of the prenatal nutrition program on a one-to-one and group basis. The program coordinator and Regional CPNP Nutritionist occasionally conducted nutrition assessments. Breastfeeding activities were offered. Other services offered included food supplements, food vouchers, home visits, childcare, games, and prizes or incentives. As well, a Christmas dinner with the Elders was organized.



Healthy Children Initiative

District Education Authority

- *Preschool* - The funding enabled a supervisor and an assistant to operate the preschool program.



Aboriginal Head Start

Tl'oondih Healing Society

- *Tetlit Zheh Child Centre (ongoing program)* - This project provides opportunities for children and their families to have their educational, physical, cultural, developmental and social needs met. Sixteen children, aged three to five years attend the program three hours per day, five days a week. A team of local early childhood educators consult with parents about the daily activities. A Gwich'in Language teacher provides instruction to the children and the staff team plans cultural activities throughout the monthly schedule. Emphasis in the last year has been on addressing the special needs of children attending and on building program links with Chief Julius School. A daily snack program meets nutritional standards while emphasising traditional "country food." Parents are involved in a parent advisory group and assist where possible in daily program activities.



Brighter Futures

Inuvialuit Regional Corporation

- A coordinator was hired to administer all wellness initiatives.
 - **Community Mental Health**
 - Traditional sewing classes were offered to the community.
 - Traditional skill teaching classes were offered to youth and community members. Participants learned to make traditional tools.
 - A library committee was formed to hire a worker to assist in the library.
 - Drum dancing lessons were offered to teach the community Inuvialuit style of dance and drumming.
 - **Child Development**
 - A breakfast program for students was offered.
 - An Elder and Youth Committee was formed to help youth learn responsibilities in community decision-making.
 - Drop in programs for youth were offered during the year. Activities such as movie, music and game nights took place.
 - A local elder was hired to assist teachers and students at the school.



Canada Prenatal Nutrition Program

Inuvialuit Regional Corporation

- A total of 30 weekly cooking groups were held with approximately seven prenatal, postnatal, and/or breastfeeding women and one non-pregnant woman of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a one-to-one and group basis. Other services offered included food supplements, games, and prizes or incentives. As well, a community feast was organized.



Healthy Children Initiative

- *Preschool* - This funding supported the operational costs of the preschool program.

Health Promotion Fund

Inuvialuit Regional Corporation

- Child Development Program: The program encouraged healthy living for children by promoting the four food groups and outdoor activities.



Brighter Futures

Inuvik Native Band

- A youth coordinator was hired to coordinate and manage Brighter Futures activities.
 - **Community Mental Health**
 - A position was filled at the Women's Shelter to assist with daily tasks.
 - A support assistant provided support to clients in their homes with one on one counseling and intervention if necessary.
 - **Child Development**
 - An on-the-land youth trek by canoe taught children traditional skills.
 - An on the land survival camp taught children and youth survival skills.
 - A youth excursion was held for children to travel to other communities and meet other aboriginal youth.
 - Weekly youth sewing classes were offered.
 - The Rachel Reindeer program for grades one to six provided various on the land activities with teachers, mentors and role models.

Inuvialuit Regional Corporation

- A coordinator was hired to administer all wellness initiatives.
- A full-time youth worker was hired to start programming at the Youth Centre.
 - **Community Mental Health**
 - Homeless shelter support was provided to people who do not have a place to eat and sleep in the cold winter months.
 - Women and youth in the community participated in a traditional language and sewing workshop.
 - Support was given to the Shelter Program that provides a safe haven from violence for women and children.
 - Support was provided to the Victim Services Program. This program provides care to victims of crime in the Inuvik area.
 - An in home support worker was hired to provide outreach services.
 - A contribution to the Muskrat Jamboree was made. This event provides activities and games for families in the community.
 - **Child Development**
 - Eleven children attended Camp Yukon where they participated in various programs and sports.
 - Healthy Children's Meal program provided a healthy snack and hot meal to children enrolled in the Child Development Canada Prenatal Nutrition Program Centre.
 - Ice time was purchased for the speed skating club.
 - Various sports teams in the community were able to participate in tournaments around the NWT.
 - The Elders Host Program allowed elders and youth to get together and learn traditional skills.
 - The Breakfast Cart program provided high school students with a healthy snack.
 - A seven-week day camp was held for children five and up.
 - A community worker attended training at a child-care conference.
 - Snowshoes were purchased to teach 60 youth throughout the winter.
 - A school assistant was hired to help the Inuvialuit teachers at the Sir Alexander Mackenzie School.
 - A family support worker attended the High Risk Kids workshop.
 - Youth went on the land and learned how to hunt for caribou.
 - Drum dancers were brought to the school to teach students to dance.
 - Students from the Teacher Education program attended a conference in Ottawa on teaching aboriginal children.





Canada Prenatal Nutrition program

Ingamo Hall Friendship Centre

- A total of 42 weekly cooking groups were held with approximately four prenatal, postnatal, and/or breastfeeding women and one non-pregnant woman of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a one-to-one and group basis. A total of 12 education sessions/activities were held. Approximately four to nine prenatal, postnatal, and/or breastfeeding women and one non-pregnant woman of childbearing age attended each session/activity. Breastfeeding activities were offered. Other services offered included food supplements, food vouchers, home visits, childcare, transportation, games, and prizes or incentives. As well, a community feast was organized.



Healthy Children Initiative

Family Counseling Centre

- Early Intervention Program

Family Counseling Centre

- In Home Support Program - These funds allowed an In-Home Support Worker to work directly with children and families in their homes on basic needs, daily stressors, and to help provide a safe and healthy environment for the children.

Ingamo Hall Friendship Centre

- On the Land Project - Children, their parents and the extended family regained some of their cultural/traditional lifestyles through traditional camp experiences.

Child Development Centre

- Funding supported a school readiness program for children two to four years of age.

Preschool

- Assistant Teacher - Funds enabled the employment of an extra assistant in the preschool program to provide a well-rounded educational and fun program. A kindergarten readiness program was also offered.

Inuvik Regional Hospital, Health and Social Services Board

- Special Needs Aide Funds were used to hire a one to one worker for a child with cerebral palsy. The emphasis was treatment-orientated, under the supervision of the healthcare professionals involved with the child. Medical equipment was also purchased as needed.

Sir Alexander Mackenzie School

- Kindergarten Class Assistant

Health Promotion Fund

Sir Alexander Mackenzie School

- Two teachers took the lead in promoting healthy living activities through a variety of classroom activities. Involved the dental therapist, nutritionist and diabetes educator.

Samuel Hearne Secondary School

- The Junior Girl's volleyball team decided to go smoke-free for the duration of the season and beyond. They organized an "Eat Healthy Week" in the high school along with enacting a skit promoting a non-smoking lifestyle. Due to their hard work and ambition, these girls are featured in an up-coming smoke-free poster campaign.

Inuvik Regional Health and Social Services Authority

- An FASD walk and "FASD awareness" barbeque that featured entertainment, speakers and the distribution of promotional material. This event was held in conjunction with the International Day recognizing FASD, September 9th.

Town of Inuvik

- The Community Health Representative and town partnered to hold a bike rodeo promoting injury prevention as well as active living and nutrition education.



Brighter Futures

Inuvialuit Regional Corporation

- A coordinator was hired to administer the wellness initiatives.
 - **Child Development**
 - Seven children participated in a nine-day on the land program. They were taught traditional activities and learned about self-esteem and teamwork.
 - A healthy breakfast was provided for students.
 - Seven youth were able to attend the IRC hockey tournament.
 - A carving program was held for a two-month period.



Canada Prenatal Nutrition Program

Inuvialuit Regional Corporation

- *Community Kitchen Prenatal Nutrition Program* - Cooking groups were held once every two weeks. Approximately two women attended each session. Nutrition education was offered on a group basis, and breastfeeding was promoted and supported. Other services offered included games, prizes, and other incentives.



Healthy Children Initiative

Paulatuk Child Development Centre

- *Two Childcare workers and food program* - The Preschool targeted three to four year olds, and a language/cultural instructor worked on a regular basis with the children. A parent and tot group and parents day out, were started. Food Bingo, at which nutritional food supplements were given out as prizes, continued on a monthly basis.



Aboriginal Head Start

Inuvialuit Social Development Program

- *Isaksaktuak Inuvialuktun Paulatumi Mikiyuayaat (ongoing program)* - This project is licensed to serve twelve three to four year olds, in the community of Paulatuk. This half-day program runs five days per week providing an early childhood preschool program that is based on the Inuvialuit language, culture and spirituality. The hamlet van transports the children to and from the program in the colder months. Elders, parents and extended families are involved closely in the program activities. A daily meal program as well as other family food activities provide nutrition for the children and their families. Extended programming offers a Saturday Parents Day Out and a monthly Nutrition Bingo which helps support and educate families in the community. Materials and sewing space are available for parents and elders which supports the traditional sewing and helps ensure children have adequate clothing for the harsh winter.

Health Promotion Fund

Angik School

- The school promoted healthy living through the production of a cookbook.

The Hamlet of Paulatuk

- A community event was held to raise awareness about FASD. As well, promotional items (scarves) were produced as part of the community awareness initiative.



Brighter Futures

Inuvialuit Regional Corporation

- A coordinator was hired to administer wellness initiatives.

- **Community Mental Health**

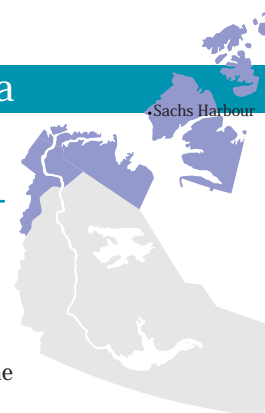
- The White Fox Jamboree festivities and activities were held for all ages to mark the end of the winter.
- Canada Day activities were organized for the community.

- **Child Development**

- School children were offered a hot lunch during the winter months.
- Eleven Children attended a summer day camp and swimming lessons in Inuvik.
- Various Christmas activities and games were held for children and youth in the community.
- Easter games for community youth were offered.
- Youth in the community attended several different field trips during the year such as nature walks and seashell collecting.
- Various activities for children were offered on Halloween such as a costume party, crafts, a haunted house and a parents and tots party.
- Nation Child Day activities were held to recognize the youth in the community.

- **Substance Abuse**

- Materials were purchased for the Substance Abuse Education Program.



Canada Prenatal Nutrition Program

Inuvialuit Regional Corporation

- The program coordinator shopped for and distributed food hampers each month. Nutrition education was provided and breastfeeding activities were offered. Other services offered included food supplements and home visits.

Community Animation Program

Sachs Harbour Recreation Department

- *Sachs Harbour Community Picnic Sites Clean-Up* - To clean up five community picnic sites around the community of Sachs Harbour so that residents can connect with the natural environment more readily and enjoy their community spaces safely. Undertaking this project provided an opportunity to raise the community's awareness about litter problems and encouraged everyone to do their part to help keep the community clean.



Brighter Futures

Gwichya Gwich'in Band

- **Community Mental Health**

- A sewing program ran all year for children and youth in the community. They learned to make traditional garments and were able to make themselves warm clothing for the winter.
- Operation Beaver youth volunteers were brought to the school to assist teachers and to act as role models to the students.



Healthy Children Initiative

- *Chief Paul Niditchie School* - The funds enabled the employment of a reading support worker for Kindergarten/Grade one, to improve literacy, run a healthy snack program and a behavioural reward program.



Hepatitis C/AIDS Community Action Program

Tsiigehtchic Charter Community

- For the youth and the entire community, posters and sweatshirts were designed by youth, a community workshop/video was developed and there was a feast.



Brighter Futures

Inuvialuit Regional Corporation

- A coordinator was hired to administer all wellness initiatives.
 - **Community Mental Health**
 - A justice committee was formed that included a youth representative from the school.
 - The Women and Children's shelter provided support to those in high-risk homes and a safe haven from domestic violence.
 - A suicide workshop was offered to community members.
 - An instructor was hired to teach community members computer skills. Seven participants received a certificate upon completion of the course.
 - **Child Development**
 - A 10-day on the land program was offered for children. Elders taught the participants traditional skills such as hunting and survival.
 - Nutritional breakfasts were served to children at school.
 - The Infants & Toddlers program provided a place for children to play together and for parents to share experiences.
 - A Youth Centre assistant was hired to help with fundraising and participating in the youth committee.
 - Two youth attended the NWT Youth Business Conference in Fort Simpson.
 - The Children's Summer Program offered several activities for youth such as crafts, sports, movie nights and dances.
 - Drum dance practices were organized to keep the tradition of dancing alive in the community.
 - Youth were taught hunting and trapping skills by two hunters and trappers in the community.
 - Eighteen people attended and completed the High Risk Kids workshop that was offered in the community.



Canada Prenatal Nutrition Program

Inuvialuit Regional Corporation

- A total of 51 weekly cooking groups were held with approximately 12 prenatal, postnatal, and/or breastfeeding women attending each session. Nutrition was talked about as part of the prenatal nutrition program on a one-to-one and group basis. Breastfeeding activities were also offered. Other services offered included food supplements and home visits.



Healthy Children Initiative

Women's Shelter

- *Programming for preschoolers* - A Child Advocate Worker was hired and provided activities for children staying at the Shelter.

Child Development Centre

- Two Childcare workers



Brighter Futures

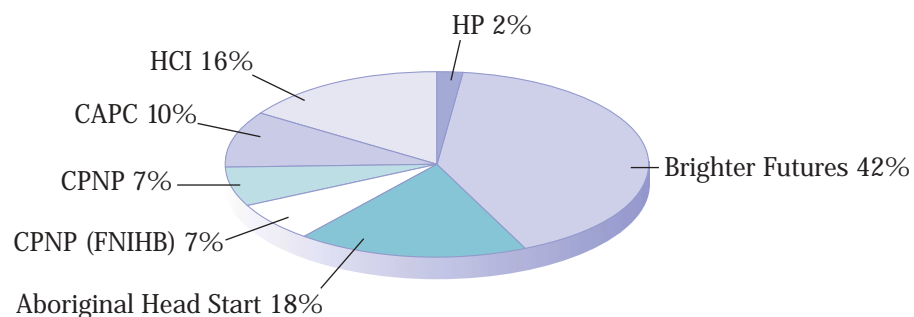
- *Inuvialuit Regional Corporation* - Funds supported a regional coordinator and other costs related to the implementation of Brighter Futures such as regional workshops, travel, etc.





Deh Cho Region - 2002/2003 Funding*

	Brighter Futures	CPNP (FNIHB)	Aboriginal Head Start	CPNP	CAPC	CAP	HepC/ACAP	PHF	Healthy Children	Health Promotion	Total
Fort Liard	70,635.60	-	-	-	-	-	-	-	16,745.00	-	87,380.60
Fort Providence	128,556.75	24,703.00	106,500.00	-	-	-	-	-	40,980.00	861.00	301,600.75
Hay River Reserve	66,274.00	9,251.00	106,500.00	-	-	-	-	-	12,360.00	12,259.00	206,644.00
Jean Marie River	-	-	-	-	-	-	-	-	-	-	0.00
Kakisa	7,214.00	-	-	-	-	-	-	-	-	-	7,214.00
Fort Simpson	150,288.00	18,375.00	-	80,000.00	120,000.00	-	5,170.00	-	43,870.00	3,198.00	420,901.00
Nahanni Butte	15,925.00	6,434.00	-	-	-	-	-	-	5900	-	28,259.00
Trout Lake	14,842.00	6,239.00	-	-	-	-	-	-	14,000.00	2,599.00	37,680.00
Wrigley	42,652.00	-	-	-	-	-	-	-	2,050.00	-	44,702.00
Regional	-	-	-	-	-	-	-	-	53620	-	53,620.00
Total	496,387.35	65,002.00	213,000.00	80,000.00	120,000.00	0.00	5170.00	0.00	189,525.00	18,917.00	1,188,001.35



* Information on the figures used in this table has been provided in the Introduction (see page 3).



Brighter Futures

Nahanni Butte Dene Band

- **Community Mental Health**

- An outdoor skating rink for children's skating programs was built and maintained.
- Educational traditional books and resources were purchased for approximately 18 youth.
- Two Slavey immersion camps were held for approximately 10 youth participants.
- A teepee was built for elders and youth to meet together and learn traditional skills.
- Funds supported workshops for youth that covered topics such as self-esteem and learning traditional art.

- **Injury Prevention**

- A safety program encouraged children to use helmets for skating and taught them about snowmobile safety.



Canada Prenatal Nutrition Program

Nahanni Butte Dene Band

- Three cooking groups were held with one prenatal woman attending each session. Nutrition was talked about as part of the prenatal nutrition program. Other services offered included food supplements, games, and prizes or incentives. As well, a community lunch was organized.



Healthy Children Initiative

Family Literacy Program

- A 'Parents as Literacy Supporters' workshop was delivered.



Brighter Futures

Deh Gah Got'ie Dene Council

- **Community Mental Health**

- Activities were held during Family Violence Awareness Week to promote healthy family living.
- Elders' gatherings were organized to teach youth and the community traditions and to promote healthy living.
- Christmas events brought youth and elders together to share stories, eat together and to remember friends and family lost to alcohol and drugs.
- Twenty community members, mostly youth, learned how to hunt on the land.
- Youth attended a conference on how to lead a healthy lifestyle.
- Two Coordinators attended a conference on how to deal with sexual abuse in the community.
- A Land & Youth program provided traditional activities such as hand games and drum making.
- A running club offered learn-to-run clinics.
- A Pre-School graduation ceremony was held for children marking their completion of preschool.
- Nine participants attended a diabetes nutrition workshop.
- A week long Spring Camp was held for 22 youth. 160 community members also shared in some traditional activities aimed at healthy living.
- Community members attended a workshop to learn traditional health and wellness skills.
- Youth attended a violin camp to share and learn violin skills.

- **Parenting Skills**

- Funds supported the participation of eight community members in parenting workshops.

- **Alcohol & Drugs**

- Promotional videos, books and posters were developed to promote staying off drugs and alcohol.



Canada Prenatal Nutrition Program

Zhahti Koe Friendship Centre

- A total of 32 cooking sessions were held with approximately 10 prenatal, postnatal, and/or breastfeeding women and six non-pregnant women of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a group basis. Nutrition assessments were conducted by the program coordinator on a regular basis. A total of 20 separate education sessions and/or activities were held. Approximately 10 prenatal, postnatal, and/or breastfeeding women and eight non-pregnant women of childbearing age attended each session/activity. Breastfeeding activities were offered. Other services offered included food supplements, food vouchers, home visits, games, and prizes or incentives.



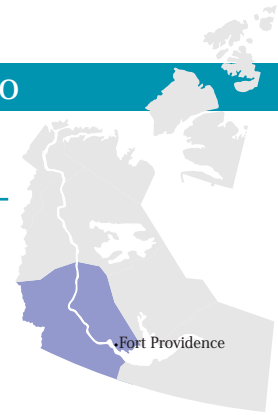
Healthy Children Initiative

Family Literacy Program

- Two 'Parents as Literacy Supporters' workshops were delivered to families in the community. The participants created over 26 literacy kits.

Deh Gah Got'ie Dene Council

- Funding supported staff to travel and attend an Early Childhood Education course: Family Systems and Dynamics, offered by Aurora College.



Health Promotion Fund

Deh Gah Got'ie Dene Council

- A 10 week learn to run program took place and all participants had an increase in the level of their physical activity. Pedometers were used to track participants activity levels and motivated them to set achievable goals.



Aboriginal Head Start

Deh Gah Got'ie Dene Council

- *Deh Gah Got'ie Aboriginal Head Start (ongoing program)* - This program focuses on the needs of Aboriginal children and families in the community. A maximum of sixteen three year olds and sixteen four year olds are enrolled throughout the preschool year. Preschool children learn basic academic skills as well as the Dene culture and values through an integrated educational philosophy of holistic learning. Parents, caregivers, extended family and community members are the key people who make this program a success.



Brighter Futures

Acho Dene Koe First Nation

- **Community Mental Health**
 - o A three day Health & Wellness workshop was held for nine students. Topics included traditional diet, healthy choices and addictions.
 - o A Family Violence workshop was held for 50 participants and included topics such as self-esteem, respect, and the cycle of abuse.
 - o Children attended a cultural camp where they participated in activities such as crafts, hunting and fishing, and land skills.
 - o Career Development Day gave 15 businesses a chance to teach children about various careers
- **Parenting Skills**
 - o A Positive Parenting workshop was held in March. 30 participants were taught traditional parenting skills.



Healthy Children Initiative

Acho Dene Koe Band

- Funding supported the operations of the community preschool program.



Brighter Futures

Ka'a'gee Tu First Nation

- Community Mental Health

Funds Supported:

- Youth from the community traveled to Edmonton for the Dreamcatchers Conference.
- Bush Skills trips were held for the youth to learn hunting, fishing and traditional activities. Participants also learned to prepare traditional foods in the wilderness.





Brighter Futures

Liidlii Kue First Nation

- **Community Mental Health**

- Youth attended various conferences and workshops including the Dreamcatchers Conference in Edmonton.
- Community members learned traditional skills and met with traditional healers and counselors.
- Youth participated in hide tanning.
- Community workshops were offered on topics such as Elder Abuse, Addiction Awareness and High Risk Kids.
- A Family Creativity workshop was held for youth and parents. Families worked together on crafts and talked about family issues.
- Cultural Camp for youth was held for children and youth where they experienced traditional Dene activities and skills.
- A formal teen dinner and dance was held to bring together youth, parents, and role models.

- **Parenting Skills**

- Parenting workshops were held to teach skills in education, authority, and counseling.

- **Healthy Babies**

- Resources and materials were purchased for baby development activities.

- **Solvent Abuse**

- Youth workshops on alcohol and drugs were offered. Other activities included a sobriety walk, FAS videos, circle gathering and community breakfast.



Canada Prenatal Nutrition Program

Liidlii Kue First Nation

- A total of 45 cooking sessions were held with approximately four prenatal, postnatal, and/or breastfeeding women and two non-pregnant women of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a group basis. The Regional CPNP Nutritionist occasionally conducted nutrition assessments. A total of 30 separate education sessions and/or activities were held. Approximately four prenatal, postnatal, and/or breastfeeding women and two non-pregnant women of childbearing age attended each session/activity. Breastfeeding activities were offered. Other services offered included childcare, transportation, and games. As well, Meal Bags were delivered each week.



Healthy Children Initiative

Open Door Society

- Funding was used to deliver the Busy Bee preschool program to three to four year olds.
- Two staff traveled to Whitehorse for an early childhood conference. The staff then shared their knowledge with colleagues and parents at an open house.
- A support worker was hired to assist a family with their preschool child's care.

Village of Fort Simpson

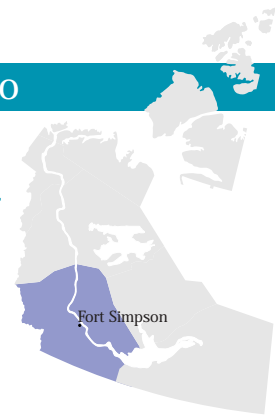
- A playground was created for children newborn to six years of age.

Liidlii Kue First Nation

- A staff-training workshop was delivered for all child-care staff.
- Funding supported the operation of the prenatal program.

Open Sky Creative Society

- Sixteen children were able to take part in Strings Across the Sky fiddling project.



Health Promotion Fund

Fort Simpson Health Centre

- Health promotion awareness materials, such as on bike safety and FASD, were provided to primary and secondary school students in Fort Simpson and throughout the Deh Cho region.

Community Action Program for Children

- *Open Door Society Family Resource Centre: Early Intervention/Preschool Program (ongoing program)* - The program reaches at-risk preschool children and their parents. The program provides ongoing preventive activity-based intervention for children with medical histories that place them at-risk for developmental delays or potential learning disabilities. The program also provides assistance on parenting issues.



Hepatitis C/AIDS Community Action Program

Deh Cho Friendship Centre

- Workshops in schools, and a community workshop; youth poster contest and display posters in community. Target: youth, adults, elders.



Brighter Futures

Sambaa K'e Dene Band

- **Child Development**

- A Summer Camp for approximately 46 youth, elders and children aimed at teaching traditional skills.
- A Spring Camp for approximately 22 youth, elders and children focused on traditional on the land activities.



Canada Prenatal Nutrition Program

Sambaa K'e Dene Band

- A total of 12 cooking groups were held with approximately one prenatal, postnatal, and/or breastfeeding woman and four non-pregnant women of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a group basis. Three separate education sessions/activities were held. Approximately three non-pregnant women of childbearing age attended each session/activity. Breastfeeding activities were offered. Other services offered included food supplements and games.



Healthy Children Initiative

Sambaa K'e Dene Band

- A traditional parenting workshop was held in the community for families of young children.

Health Promotion Fund

Charles Tetcho School

- The school promoted active living and nutrition with outdoor activities, and included the assistance of elders.



Brighter Futures

K'atlodeeche First Nation

- **Community Mental Health**

- A counselor was hired to support and work with the youth and provide counseling.
- Wellness workshops were held in the community on topics such as healthy living, parenting skills, healing and relationships.

- **Child Development**

- Youth gym nights were held for children to play with friends in a safe environment.
- A summer day camp was held for children ages seven to 15. Activities included field trips, camping and swimming.
- Youth attended the Dream Catchers Conference in Edmonton.
- On the Land trips were held throughout the year for youth. Participants learned traditional skills such as hunting and preparing food.



Canada Prenatal Nutrition Program

K'atlodeeche First Nation

- A total of 10 cooking sessions were held with approximately six prenatal, postnatal, and/or breastfeeding women and two non-pregnant women of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a one-to-one basis. Breastfeeding activities were offered. Other services offered included food supplements, home visits, and childcare. As well, a community feast was organized.



Healthy Children Initiative

K'atlodeeche First Nation

- A day camp was offered for preschool children. The camp provided positive learning and supported parents as they pursued work.
- Support staff was hired to assist children with the Aboriginal Head Start program.

Health Promotion Fund

Chief Sunrise School

- Sixteen active living, five nutrition-related activities/workshops (such as "Food Basics"), and, a community-wide health fair was held March 3, to promote healthy living by educating and promoting nutrition, healthy eating habits and active living.

K'atlodeeche First Nation

- The community has an integrated program that encourages parents and children to lead healthy lives. A community newsletter was also developed that covered the topics of healthy eating, home safety, nutritional recipes and active living.



Aboriginal Head Start

Hay River Dene Reserve District Education Authority

- *Hay River Aboriginal Head Start (ongoing program)* - This program provides a safe, nurturing and multifaceted environment for 34-40 children aged three to five. Program components include parent involvement through governance of the program as well as participating in the program in many other ways: South Slavey teaching; traditional story and legend telling; Elder participation; parent snack program; and participation in the Early Childhood Series with other early childhood educators in the region.



Brighter Futures

Pehdzeh Ki First Nation

- A part-time worker and recreation coordinator were utilized to coordinate community and youth activities such as spiritual gatherings, a spring carnival and a youth trip.
 - **Child Development**
 - Children and youth traveled to a fiddle camp where they were able to meet and interact with peers. Funding was also used for transportation to seasonal culture camps for youth in the community.



Healthy Children Initiative

Pehdzeh Ki First Nation

- Staff traveled to Fort Simpson to attend a workshop hosted by Aurora College as part of the early childhood education distance education program.

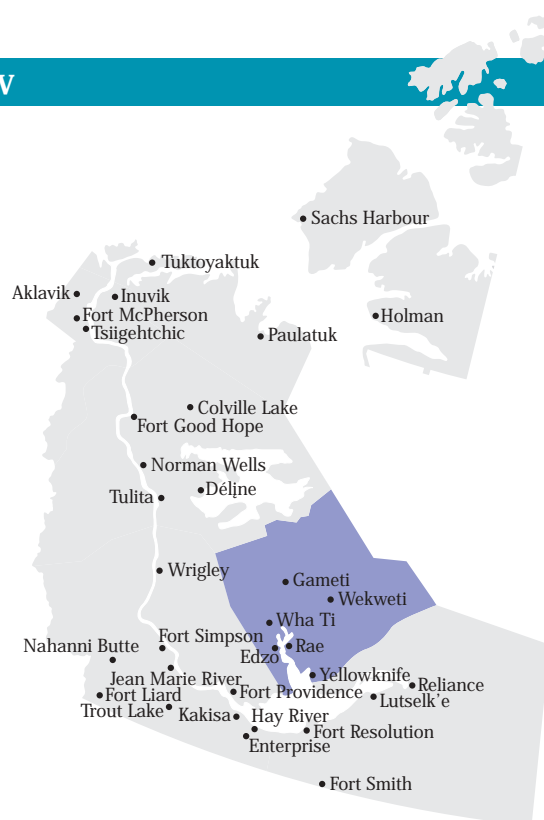
Deh Cho Regional



Healthy Children Initiative

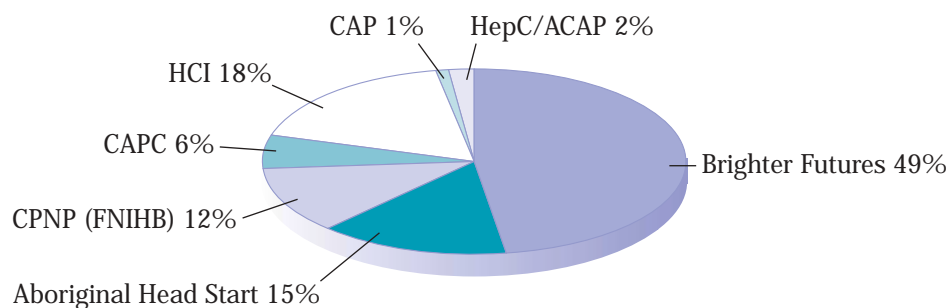
- A 15-minute video was developed about the importance of family literacy. All early childhood programs and schools in the region received a copy.
- A northern children's book kit was created for use in the community's existing literacy programs. Kits were distributed to programs in Kakisa, Fort Liard, Trout Lake, and Jean Marie River.
- A Train-the-Trainer model was developed to provide strategies for those working with young children in the area of speech/language development.





Dogrib Treaty 11 - 2002/2003 Funding*

	Brighter Futures	CPNP (FNIHB)	Aboriginal Head Start	CPNP	CAPC	CAP	HepC/ACAP	PHF	Healthy Children	Health Promotion	Total
Rae-Edzo	315,565.95	51,711.00	137,500.00		60,000.00	-	10,000.00	-	-	-	574,776.95
Rae Lakes	47,563.00	9,975.00	-		-	-	-	-	-	-	57,538.00
Wekweti	22,658.00	7,369.00	-		-	-	9,856.00	-	-	-	39,883.00
Wha Ti	80,854.00	15,849.00	-		-	5,000.00	2,500.00	-	-	3,874.00	108,077.00
Regional	-	89,648.00	-		-	-	-	-	166,670.00	-	256,318.00
Total	466,640.95	174,552.00	137,500.00	0.00	60,000.00	5,000.00	22,356.00	0.00	166,670.00	3,874.00	1,036,592.95



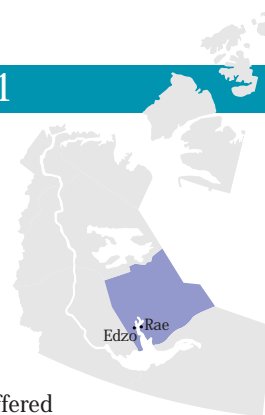
* Information on the figures used in this table has been provided in the Introduction (see page 3).



Brighter Futures

Dogrib Rae Band

- A Social Development Coordinator was hired to deliver health and social programs in Rae-Edzo.
- **Community Mental Health**
 - Thirty - 40 people of all ages took part in the Trails of our Ancestors event that offered traditional events and activities.
 - The Disability Committee hired a worker to support the program of helping the community cope with disabilities.
 - Aboriginal Day and Canada Day festivities were held that promoted healthy living.
 - Wellness and Healing activities were offered to the community.
 - Funds supported regional gatherings.
- **Child Development**
 - Over 20 students attended a youth culture camp on the land.
 - An early childhood intervention program offered direction for educators and children.
 - A daily snack program provided healthy foods for 30-40 students.
 - Weekly activities were held after school for students ages 12-15.
 - Three coordinators attended an Early Years Conference to learn skills for working with parents and children.
 - Twenty students attended a youth leadership conference.
 - Various youth games and activities were held during holidays such as Christmas and Halloween.
- **Healthy Babies**
 - Daily programs for new and expecting mothers provided information on healthy babies and pregnancy.
- **Parenting**
 - One-day workshops were held for parents on topics such as coping with children and providing a healthy environment.
- **Solvent Abuse**
 - Activities were held during National Addictions Awareness week that promoted healthy choices.



Canada Prenatal Nutrition Program

Dogrib Rae Band

- A total of 37 cooking sessions were with approximately six prenatal, postnatal, and/or breastfeeding women and four non-pregnant women of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a one-to-one basis. Thirty-five separate education sessions or activities were held. Approximately six prenatal, postnatal, and/or breastfeeding women and four non-pregnant women of childbearing age attended each session/activity. Breastfeeding activities were offered. Other services offered included food supplements, food vouchers, home visits, childcare, transportation, games, and prizes or incentives. As well, a Christmas dinner was organized.



Community Action Program for Children

Dogrib Community Services Board

- *Gameti Early Intervention (ongoing program)* - Gameti Band provides a licensed child centre for three to four year old community children as a way to promote knowledge and skill development for both children and their parents. The Centre also provides student teacher training in a developmentally and culturally appropriate environment.



Aboriginal Head Start

Dogrib Community Services Board

- *Rae-Edzo Aboriginal Head Start (ongoing program)* - The Rae Edzo Aboriginal Head Start program offers a holistic learning experience to three and four year olds in the community of Rae Edzo so they may develop spiritually, intellectually, emotionally, socially and physically within the Dogrib culture. Approximately forty children are served annually. The program provides an environment that promotes social, emotional, verbal, intellectual and physical well-being to the children in developmentally and culturally appropriate activities and strengthens their readiness for kindergarten. The children are provided with a cultural and language program and parents are involved in the advisory board.



Hepatitis C/AIDS Community Action Program

CJBS Student Residence Committee

- Workshops (retreats) with students in residence and at-risk youth from the community, follow up support groups.
Target: youth



Brighter Futures

Dechi Laot'I First Nation

- **Community Mental Health**

- Community workshops enabled community members to talk about personal issues and learn about traditional values.
- Spiritual workshops addressed the problems of drugs, alcohol and violence.
- Twenty-30 community members gathered to learn about traditions, to heal and to teach youth in the community.

- **Child Development**

- Ten youth participated in a cultural program that taught traditional skills.



Canada Prenatal Nutrition Program

Dechi Laot'I First Nation

- A total of seven cooking groups were held with approximately one prenatal, postnatal, and/or breastfeeding woman and five non-pregnant women of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a group basis. Seven separate education sessions/activities were held. Approximately one prenatal, postnatal, and/or breastfeeding woman and five non-pregnant women of childbearing age attended each session/activity. Breastfeeding activities were offered. Other services offered included food supplements, healthy recipes, games, and prizes or incentives. As well, a community feast was organized and the program participants made craft projects.

Health Promotion Fund

Dechi Laot'I First Nation

- Healthy lifestyles awareness weeks were held for one week in both February and March and included the topic of FASD.



Hepatitis C/AIDS Community Action Program

Dechi Laot'i First Nation

- Workshops and presentations, video, poster and writing contest for youth, sharing circles. Target: young adults, community.



Brighter Futures

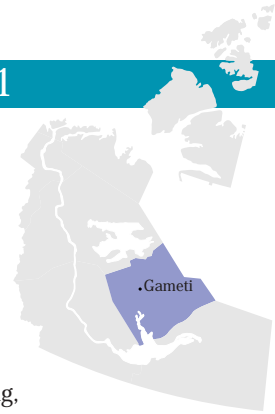
Gameti First Nation

- **Community Mental Health**

- Several special days were held over the year that involved activities for the community and youth.
- Community workshops were held during the year. Topics included spiritual healing, substance abuse, wellness and grieving.

- **Child Development**

- The youth prevention program sponsored events such as healthy alternatives, sport and recreation events, and traditional activities.





Brighter Futures

Wha Ti First Nation

- **Community Mental Health**

- Community members undertook the annual Lac St. Anne Pilgrimage, a spiritual journey to restore tradition.
- Spiritual gatherings were held that promoted family and healthy lifestyles.
- Various grieving sessions were held to assemble families and grieve in traditional ways.
- Celebration events for families took place during Mothers Day and Fathers Day.
- A women's group met regularly to do several activities such as arts and crafts.

- **Child Development**

- A breakfast program provided a healthy meal for children in school.
- Regular movie nights for children and youth were offered.
- A weekly girls group met to do various activities.
- A youth group of approximately 20 met on Friday evenings for recreational activities.

- **Solvent Abuse**

- Support was given to community members getting treatment at the Trappers Lake Lodge.



Canada Prenatal Nutrition Program

Wha Ti First Nation

- Nutrition was talked about as part of the prenatal nutrition program on a one-to-one and group basis. The nurse/health centre staff and CHR occasionally conducted nutrition assessments. Five separate education sessions and/or activities were held. Approximately five prenatal, postnatal, and/or breastfeeding women attended each session/activity. Breastfeeding activities were offered. Other services offered included food supplements, food vouchers, and prizes or incentives.



Health Promotion Fund

Wha Ti First Nation

- Pamphlets and posters were created on Postpartum Depression. This project was a collaboration between the Wha Ti Health Centre and Wha Ti First Nations. Material was distributed to 45 organizations. Wha Ti has provided permission to YKHSSA to post this well-received pamphlet on their website.

Community Animation Program

Wha Ti First Nation

- *"Pathway to the Point" clean-up project* - A group of five or six youth (ages 16-23 years) participated in this project to clean up litter and clear back overgrowth along the three km trail to the point near the community of Wha Ti. Undertaking this restoration work provided safe access to traditional berry picking areas for residents of the community. Participants were also engaged in discussions and activities that addressed the impact community members have on the environment and shared ideas about how to change current behaviours to promote a cleaner environment/ community.

Hepatitis C/AIDS Community Action Program

Wha Ti First Nation

- Survey of children in grades six-12 and adults; poster blitz; presentation at school and other events. Target: youth, adults 20-40.

Dogrib Treaty 11 Regional

Dogrib Community Services Board

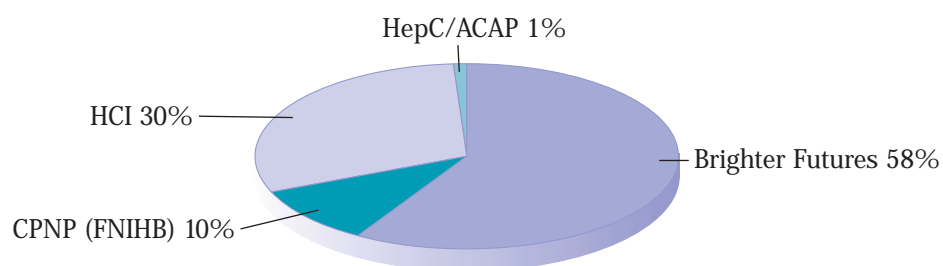
- *Support for early childhood programs throughout the region* - Support was provided to all Dogrib communities; Rae Edzo, Wha Ti, Wekweti (Rae Lakes) and Gameti (Snare Lake). Programs/projects included child care centers, preschools, drop in programs, speech therapy, early childhood staff training, car seats, and toy lending libraries.





Sahtu Region - 2002/2003 Funding*

	Brighter Futures	CPNP (FNIHB)	Aboriginal Head Start	CPNP	CAPC	CAP	HepC/ACAP	PHF	Healthy Children	Health Promotion	Total
Colville Lake	21,268.00	6,471.00	-	-	-	-	-	-	12,975.00	-	40,714.00
Deline	148,000.00	25,057.00	-	-	-	-	-	-	83,160	-	256,217.00
Fort Good Hope	128,598.75	24,465.00	-	-	-	-	-	-	52,439.00	-	205,502.75
Tulita	97,176.00	17,520.00	-	-	-	-	10,000.00	-	23,445.00	5,040.00	153,181.00
Norman Wells	-	-	-	-	-	-	-	-	36,765.00	-	36,765.00
Total	395,042.75	73,513.00	0.00	0.00	0.00	0.00	10,000.00	0.00	208,784.00	5,040.00	692,379.75



* Information on the figures used in this table has been provided in the Introduction (see page 3).



Brighter Futures

Deline Dene Band

- A full-time Program Coordinator was hired to administer community programs, develop and implement projects, submit funding proposals, and monitor the budget.
 - **Community Mental Health**
 - Several spiritual and community gatherings were organized.
 - **Child Development**
 - A youth coordinator was hired to assist in youth activities and to plan fundraising activities.
 - Several youth were able to attend a hockey school and share their new skills and experiences with the community.
 - Students traveled to Edmonton for the Dreamcatchers Conference.
 - Youth participated in the Back to the Land program where they learned on the land traditions and skills.
 - A breakfast program provided healthy food to students.



Canada Prenatal Nutrition Program

Deline Dene Band

- Two cooking sessions were held with approximately nine prenatal, postnatal, and/or breastfeeding women attending each session. Nutrition was talked about as part of the prenatal nutrition program on a group basis. The CHR occasionally conducted nutrition assessments. Two separate education sessions and/or activities were held during 2002-2003. Approximately nine prenatal, postnatal, and/or breastfeeding women attended each session/activity. Breastfeeding activities were offered. Other services offered included childcare and transportation.



Healthy Children Initiative

?Ehtseo Ahya School

- *Early literacy and snack program* - A staff member was hired to deliver an early literacy program to the young children. A healthy snack program also operated encouraging healthy eating habits of children and their families.

?Ehtseo Ahya School

- *Classroom assistant* - Funds were used to support the educational needs of children in the classroom, by one-on-one or small group work and by purchasing program supplies. Nutritional needs were met through a Breakfast/snack Program.
- *Preschool* - Funds supported the operational costs of the preschool program.



Brighter Futures

Behdzi Ahda First Nation

- **Community Mental Health**

- A traditional knowledge series documentary was produced in North Slavey. The documentary aims at preserving traditional knowledge, and about twenty activities such as setting snares, setting a tent, making babiche, skinning caribou, making snowshoes, etc, were recorded.

- **Child Development**

- A healthy snack program for children was run at the local school.



Canada Prenatal Nutrition Program

Behdzi Ahda First Nation

- Two cooking sessions were held with approximately one prenatal, postnatal, and/or breastfeeding woman and eight non-pregnant women of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a group basis. The Behdzi First Nation Band conducted nutrition assessments occasionally. Two separate education sessions and/or activities were held. Approximately 10 prenatal, postnatal, and/or breastfeeding women and six non-pregnant women of childbearing age attended each session/activity. Breastfeeding activities were offered. Other services offered included food supplements, food vouchers, childcare, and games. As well, a community feast was organized.



Healthy Children Initiative

Colville Lake School

- *Preschool program* - Colville Lake School offered a healthy meal and snack program, sharing of nutritional information, and the creation of a Family Year Book – a collection of photos of each family recognizing the important role parents play in their child's life.



Brighter Futures

K'asho Gotine Community Council

- **Community Mental Health**

- A mental health program offered counseling services and referrals to families in need.
- A family intervention project aimed at the physical and mental well being of several families in the community.

- **Child Development**

- A youth worker was hired to promote and deliver programs for youth in the community.
- Ten youth traveled to Vancouver to attend a youth workshop and experience a wide variety of cultures and activities.
- Thirteen youth participated in traditional healing and land activities throughout the year.

- **Solvent Abuse**

- An alcohol and drug program was established to provide confidential counseling to community members in need.



Canada Prenatal Nutrition Program

K'asho Gotine Community Council

- A total of five cooking sessions were held with approximately four prenatal, postnatal, and/or breastfeeding women and four non-pregnant women of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a group basis. The program coordinator occasionally conducted nutrition assessments. Breastfeeding activities were offered. Other services offered included food supplements, food vouchers, home visits, and childcare.



Healthy Children Initiative

- *Daycare* - Funding was used to support the operational costs of the Fort Good Hope Daycare. The Daycare also offered a school readiness program for the four and five year olds.

Chief T'Selehye School

- *Healthy Child Worker* - Educational needs of Kindergarten and Grade one students were addressed through a home reading and a speech/language program. Health and nutritional needs were addressed through a Breakfast program.



Brighter Futures

Tulita Dene Band

- **Community Mental Health**

- The Family Support Program provided community members with help on issues such as parenting, addictions, and healthy living.
- A healing workshop was held for the community in March.
- Brighter Futures funds also enabled the continuation of the Tulita Wellness Program in the fourth quarter of the fiscal year. This Wellness Program includes an alcohol and drug program, a mental health program, a justice program and a youth program.

- **Child Development**

- Transportation was provided for school students throughout the cold months of the school year.
- Eighteen youth attended a traditional hand games competition in Meander River, Alberta in August.



Canada Prenatal Nutrition Program

Tulita Dene Band

- A total of 16 cooking groups were held with approximately 20 prenatal, postnatal, and/or breastfeeding women and six non-pregnant women of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a group basis. Breastfeeding activities were offered. Other services offered included food supplements, home visits, transportation, games, prizes or incentives, and reading with the participants' children.



Healthy Children Initiative

Sister Celeste Child Development Centre

- *Early literacy and cultural programming* - The Sister Celeste Child Development Centre invited elders to share their drumming and dancing knowledge and skills with the children. The Elders also taught the children some of the traditional hand games. The program began a storybook program that taught the children about the history and culture of their community.
- *Chief Albert Wright School* - 16 children were able to take part in the "Strings Across the Sky" fiddling project. This program shows children that music is fun and can be learned by anyone.

Health Promotion Fund

Tulita Dene Band

- The band piloted a healthy lifestyles initiative aimed at youth – active living, healthy eating, and tobacco-free lifestyles were promoted.

Hepatitis C/AIDS Community Action Program

Tulita Wellness Agency

- Series of workshops for young mothers; communication strategy; support group in community; networking in region. Target: young mothers, community.



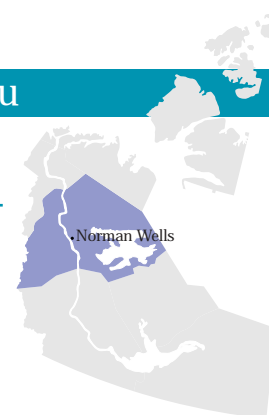
Healthy Children Initiative

Norman Wells Library

- *Early literacy* - Norman Wells Library hired a coordinator to deliver an early/family literacy program once a week to children three to four years of age and their parents. The parents were directly involved in assisting the coordinator with the activities.

Mackenzie Mountain School

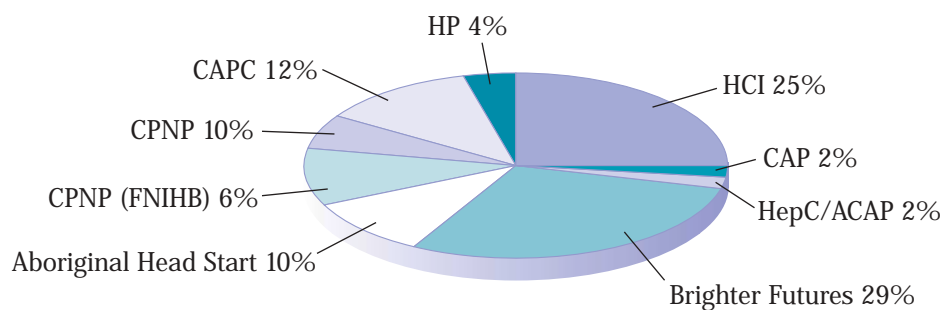
- *Healthy snack and literacy programs* - A coordinator assisted children in preparing healthy snacks, organized Family Nights, provided one-to-one speech language stimulation programming under supervision of a Speech/Language Pathologist, and organized a home reading program.
- *Preschool* - Preschool teacher





Treaty 8 Region - 2002/2003 Funding*

	Brighter Futures	CPNP (FNIHB)	Aboriginal Head Start	CPNP	CAPC	CAP	HepC/ACAP	PHF	Healthy Children	Health Promotion	Total
Fort Resolution	100,041.00	17,493.00	-	-	-	-	-	-	-	4,214.00	121,748.00
Fort Smith	99,749.00	15,723.00	106,500.00	53,000.00	-	15,000	-	-	132,857.00	22,129.00	444,958.00
Hay River/ West Point	8,792.00	6,393.00	-	51,000.00	122,000.00	6,798	11,762.00	-	122,540.00	12,678.00	341,963.00
Lutselk'e	99,388.00	17,410.00	-	-	-	-	9,463.00	-	-	-	126,261.00
Enterprise	-	-	-	-	-	-	-	-	-	-	0.00
Total	307,970.00	57,019.00	106,500.00	104,000.00	122,000.00	21,798.00	21,225.00	0.00	255,397.00	39,021.00	1,034,930.00



* Information on the figures used in this table has been provided in the Introduction (see page 3).



Brighter Futures

Deninu K'ue First Nation

- A coordinator was hired for the delivery and administration of community programs.
 - **Child Development**
 - An on-the-land trip for youth was held that taught the youth the ways of their ancestors and traditional survival skills.
 - A Much Music Video dance was organized to celebrate the largest graduating class to date.
 - An Elder/Youth spring hunt taught youth how to hunt and survive on the land.
 - Presentations took place in schools during Family Violence Awareness Week. The presentations taught zero tolerance to violence in the community.



Canada Prenatal Nutrition Program

Deninu K'ue First Nation

- A total of six cooking sessions were held with approximately six prenatal, postnatal, and/or breastfeeding women and two non-pregnant women of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a one-to-one basis. The program coordinator occasionally conducted nutrition assessments. Separate education sessions and/or activities were held once a week or during home visits. Approximately six prenatal, postnatal, and/or breastfeeding women and two non-pregnant women of childbearing age attended each session/activity. Breastfeeding activities were offered. Other services offered included food supplements, food vouchers, traditional food, meal bags, kitchen tool bags, transportation, home visits, and prizes or incentives.



Healthy Children Initiative

Deninu K'ue First Nation

- Funding provided support for the community's preschool program's operational costs.
- 'Books in the Home' literacy program was delivered to the community.

Health Promotion Fund

Fort Resolution Metis Council

- The program promoted healthy living by conducting culturally relevant physical activities, nutrition information and tobacco awareness programs.



Brighter Futures

Salt River First Nation #195

A program coordinator was hired to deliver all community-based programs.

- **Child Development**
 - Funds supported the operations of the Aboriginal Head Start Program that targets three to four year old children. Thirty-two children attended the program five days a week.
 - Healthy snacks were provided to school children throughout the year. Children participated in preparing snacks and learning about healthy food.



Canada Prenatal Nutrition Program

Salt River First Nation #195

- *Our Babies, Our Future (ongoing program)* - This comprehensive and participatory project is designed to improve the health of mothers and infants by promoting good nutrition and breastfeeding. Special efforts are made to reach out to pregnant teens. The program seeks to collaborate with pregnant women in determining their needs, and with community groups/individuals in delivering prenatal health information through interactive lessons. Areas covered include labor and delivery, parenting, nutrition, purchase of foods, safe food handling and preparation, budgeting, breastfeeding and infant care. Activities include guest speakers, videos and cooking classes. The program also seeks to organize lesson plans into a curriculum and to arrange for accreditation as a high school course.



Healthy Children Initiative

South Slave Divisional Education Council

- A speech/language conference was held for surrounding communities in the region.

Salt River First Nation #195

- Funding was used to support the operation of the prenatal program, *Our Babies, Our Future*. This is a drop in program for expecting mothers.
- Funding supported a drop in program for preschoolers and their parents. This program is an extension of the *Our Babies, Our Future* program.
- A worker was hired to assist a child who required support to participate in the Aboriginal Head Start program.

Aurora College

- Two two-day workshops were delivered called 'Inclusive Childcare Settings'. Thirty-three people completed this training.
- Fort Smith Cooperative Nursery School
- Funding assisted with operational costs associated with the Nursery School.

Health Promotion Fund

Uncle Gabe's Friendship Centre

- Promoted healthy lifestyles through sports drop-in programs such as soccer, volleyball, and basketball, as well as nutrition workshops.

Adult and Youth Justice Committee

- FASD Workshops were given in individual classrooms at P.W.K. over a two-day period (grade seven to 12). There was also an evening session provided to the community, to develop a level of awareness at the grassroots level.

Fort Smith Metis Council

- A project ran for 12 weeks that incorporated an active living and healthy eating component. Children were provided with nutrition information such as why one food is healthier to eat than another.



Aboriginal Head Start

Salt River First Nation #195

- *Nihkanis Centre Salt River Aboriginal Head Start (ongoing program)* - This Aboriginal Head Start project provides 16 children, aged three to five years with opportunities to enroll in a pre-school program that operates from September to June. All program components are sensitive to the cultural needs of children and their families. Parents and elders are involved in cultural events, arts and crafts and outings on the land. The snack program meets nutritional standards, while emphasizing traditional “country” food. Parents actively volunteer in the program and have opportunities to participate in workshops.



Community Animation Program

Nik'e Niya Community Birthing Centre

- *Fort Smith “Health Home & Healthy Environment” initiative* - A five-day “Healthy Home and Environment” workshop was held in Fort Smith to educate/inform people about the relationships between healthy indoor spaces, “green” building designs, and a sustainable environment. Workshop highlights included: keynote presentations, workshop sessions, hands-on demonstration activities by school children, the construction of a small strawbale demonstration house, and the compiling and sharing of a resource manual with participants and other interested people.



Brighter Futures

West Point First Nation

- **Child Development**

- Drum making sessions were held for youth throughout the year.
- A Cultural Trip was organized for youth
- Several youth attended a local Learning Centre to get help with their schoolwork.



Canada Prenatal Nutrition Program

- *Growing Together (ongoing)* - Funds for this project facilitate a comprehensive Community Wellness Planning Initiative for Hay River. The community has identified early childhood development as a priority. Support is provided in the area of prenatal education and awareness, with a focus on children and families at-risk. Issues identified by the community include poor prenatal nutrition, teenage pregnancies and the implications of pre/postnatal health, alcohol and substance abuse among expectant mothers, support for new parents, budgeting and cooking skills, infant nutrition, high risk pregnancies and infant care. There is a particular focus on breastfeeding support and information.

West Point First Nation

- A total of 15 cooking sessions were held with approximately five prenatal, postnatal, and/or breastfeeding women and seven non-pregnant women of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a group basis. Breastfeeding activities were offered. Other services offered included food supplements, food vouchers, childcare, and games.

Community Action Program For Children

Family Support Centre/Safe Home Network

- *Children's Lifeworks Action Program (ongoing program)* - This program provides support, education, awareness and life skills to children who are at-risk and living in unstable or violent homes.

Health Promotion Fund

Princess Alexandra School

- Elders helped to promote a healthy traditional lifestyle that included lessons on traditional cooking and foods.

Soaring Eagle Friendship Centre

- Combined active living and nutrition in an 11 week program with 10 youth participants. Year-end evaluation comments included "I enjoyed the cooking classes and wish the program was longer" (youth) and "I like to see my daughter having so much fun" (adult).

Hay River Ski Club

- The ski club partnered with the schools to offer an after school program led by a top level local athlete, who along with teaching basic skills, was a role model promoting active living and a healthy lifestyle.



Healthy Children Initiative

Hay River Library Committee

- The library delivered the Mother Goose family literacy program as part of their Reading Adventures for the Young program.

Growing Together Society

- Funding was used to enhance programs offered to families through the Growing Together Society.

Hay River Playschool

- Staff were hired to provide assistance, integrating children with identified needs into the daily program.



Community Animation Program

Growing Together Society

- *Hay River Youth Garden project* - To teach youth how to garden through a simple gardening program for 40-50 children/youth aged six to 12. Youth participants had access to some of the garden plots at the Hay River Community Garden and attended information sessions and workshops that covered basic gardening and composting practices. Participants from this project also interacted and shared information with participants of the Elder & Seniors project.

Hay River Community Health Board

- *Continuing Care Traditional Garden & Naturalization project* - Elders and Seniors of Woodland Manor & the Extended Care facility in the town of Hay River participated in this hands-on, gardening and active living project. Participants were able to reconnect to the land by planting and tending to raised bed garden plots and native berry trees/shrubs that were planted near these residences. Participants from this project also interacted and shared information with participants of the Youth project .



Hepatitis C/AIDS Community Action Program

Growing Together

- Four community workshops, ad campaign, revise and print awareness pamphlet. Target: at-risk youth; community; inmates.

West Point First Nation

- Two workshops for band members: one for youth, one for adults



Brighter Futures

Lutselk'e Health and Social Services Board

- **Community Mental Health**

- Two Family Support Service workers were hired to provide support to several families and special needs children.
- Anger Management workshops were held for community members. Weekly sharing circles were also offered and promotional posters were up in the community to promote non-violence in the home.
- Four couples attended a relationship workshop.
- Various health promotion workshops were offered in the community during the year. Workshops focused on drug and alcohol abuse, healthy eating, and healing.

- **Child Development**

- A traditional healer taught youth traditions and various traditional medicines.
- Youth healing sessions were held for grades seven-10. Students worked on issues such as self-esteem, relationships, and nutrition.
- Students went on a traditional caribou hunt and learned how to dry, prepare and cook traditional foods.
- A language program allowed elders to help youth make signs, language posters and promote the importance of keeping traditional languages alive.



Canada Prenatal Nutrition Program

Lutselk'e Dene Band

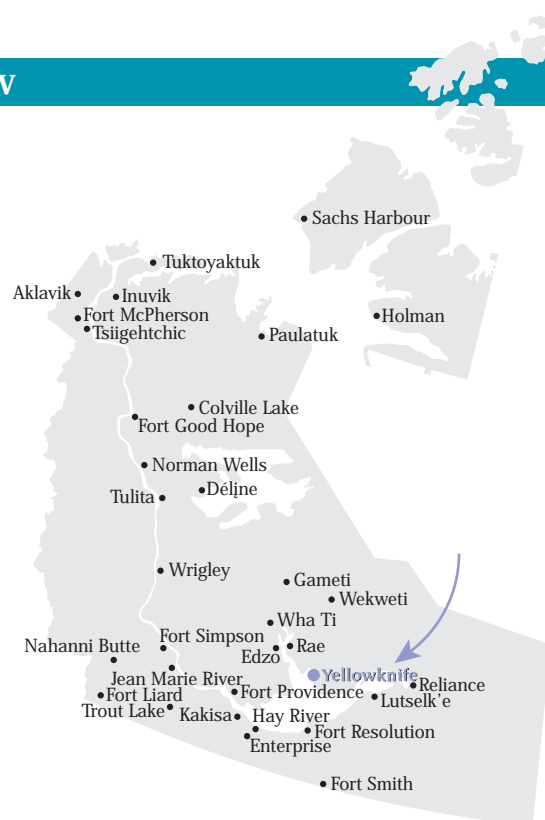
- Cooking groups were held twice weekly with approximately 10 to 12 prenatal, postnatal, and/or breastfeeding woman and six non-pregnant women of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a one-to-one and group basis. The program coordinator occasionally conducted nutrition assessments. A total of 11 separate education sessions/activities were held. Approximately nine to 16 prenatal, postnatal, and/or breastfeeding women and four to eight non-pregnant women of childbearing age attended each session/activity. Breastfeeding activities were offered. Other services offered included food supplements, food vouchers, home visits, childcare, transportation, and prizes or incentives.



Hepatitis C/AIDS Community Action Program

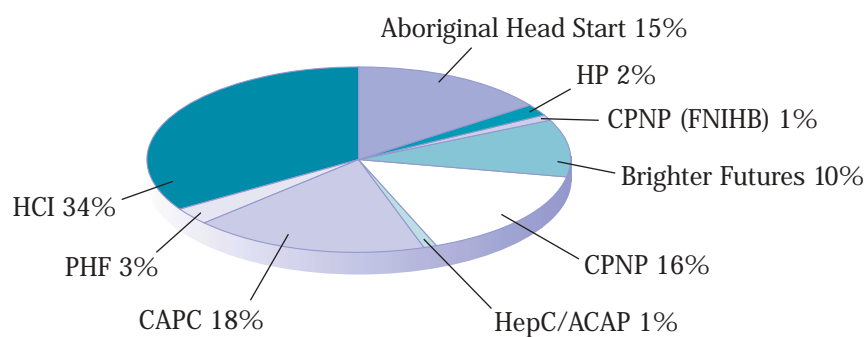
Lutselk'e Band Council

- Workshops with students and the community; students' logos on t-shirts/mugs and laminated as posters. Target: students grades seven-10 and community. Follow-up through Resource Centre.



Yellowknife Region - 2002/2003 Funding*

	Brighter Futures	CPNP (FNIHB)	Aboriginal Head Start	CPNP	CAPC	CAP	HepC/ACAP	PHF	Healthy Children	Health Promotion	Total
Yellowknife, N'dilo, Dettah	145,775.00	18,371.00	213,000.00	230,000.00	271,000.00	7,152.00	10,000.00	37,500.00	509,223.00	33,705.00	1,475,726.00



* Information on the figures used in this table has been provided in the Introduction (see page 3).



Brighter Futures

Yellowknives Dene First Nation

- A full-time Wellness Coordinator was hired to manage all Brighter Futures activities and to provide a range of support services to the community.
 - **Community Mental Health**
 - A number of community events were held such as a Christmas party and feast, a Thanksgiving meal, and several community gatherings.
 - **Child Development**
 - A 10-day spring event for youth was organized.
 - A summer program for children was offered in the community.



Canada Prenatal Nutrition Program

Centre for Northern Families

- *Healthy Baby Club (ongoing program)* - This prenatal nutrition project offers a food supplementation component to address the nutritional needs of high risk pregnant women and provides various health promotion program to facilitate their lifestyle awareness. Clients are involved in knowledge and skill development around issues such as food budgeting, shopping, menu planning and meal preparation. The health promotion programs address issues such as pre/postnatal care, labor and delivery, breastfeeding, nutrition, alcohol and drug abuse, smoking and other lifestyle factors pre/post-conception.

Yellowknives Dene First Nation

- A total of 15 weekly cooking groups were held with approximately five prenatal, postnatal, and/or breastfeeding women and one non-pregnant woman of childbearing age attending each session. Nutrition was talked about as part of the prenatal nutrition program on a group basis. The program coordinator occasionally conducted nutrition assessments. Breastfeeding activities were offered. Other services offered included food supplements, food vouchers, home visits, transportation, and prizes or incentives.

Health Promotion Fund

Sir John Franklin High School

- Female Wellness program: The REAL (Relationships, Empowerment, Attitude, Life Choices) girls program incorporated fitness with healthy living activities and nutrition education.

Yellowknife Health and Social Services Authority

- The regional Nutrition Coordinator produced aprons and bandannas for a “Get Cooking ... Get Moving” promotional campaign aimed at children and youth.

P.A.R.T.Y Program

- P.A.R.T.Y. (Prevent Alcohol and Risk Related Trauma in Youth) promotes injury prevention through reality education enabling youth to recognize risk and make smart choices about activities and behaviors. In 2002/03, some initial funding was provided for program promotion.



Active Living Alliance for Canadians with a Disability

- An Inclusion Workshop was held in Yellowknife that provided training for providers of Active Living and for representatives from disability groups in methods of program assessment and adaptations that includes people with disabilities.

Yellowknife 1st Scout Troop

- Injury Prevention sessions were held leading up to and during a four-day on the land experience.

Tobacco Action Yellowknife

- Three different resources were produced:
 - A brochure listing the restaurants and locations in Yellowknife that provide smoke-free dining;
 - Wallet cards and fridge magnets with quit tips and the benefit of quitting smoking;
 - A “toxic tunnel” – a large, cigarette shaped, walk-through display of tobacco education materials.



Healthy Children Initiative

Yellowknife Catholic Schools

- *Preschool program* - This funding was used to assist with operational costs associated with the Four Plus program, a fully integrated early intervention program for children four to six years of age.

Centre for Northern Families

- *Family support* - The Family Support Program provided families with in-home support (home management, parenting and life skills development), respite, group parenting sessions, literacy programs, crisis management, and referral services.

NWT Council of Persons with Disabilities

- *Early intervention* - This early intervention program provided support to children under the age of six to access early childhood programs. Each child received one-to-one assistance for a minimum of five hours per week, attending a community based early childhood program or a private family day home.

Northern Tikes Association

- *Support staff* - This funding was provided to the program to assist with the hiring of a support staff to work directly with a child with identified needs while integrating them in the program.

Yellowknives Dene First Nation

- *Integrated services* - Funding was used to support a Canada Prenatal Nutrition Program while integrating respite care, toy lending and parenting skill development. The Prenatal Program met weekly and the Child, Youth and Family Counselor provided respite care as needed.

Population Health Fund

Canadian Public Health Association NWT Branch

- Funds were used to hire a coordinator who held workshops and school presentations on topics related to active and healthy living, nutrition, tobacco and diabetes in several communities across the Northwest Territories.

Hepatitis C/AIDS Community Action Program

Inmates Advisory Council, Yellowknife Correctional Centre

- Logo contest. Videos and group discussion, monthly meetings. Purchase displays/pamphlets/posters. Info pkg. on release, including T-shirt with logo. Target: inmates, interested staff.





Community Action Program for Children

Yellowknife Catholic Schools

- *A Toy Lending Library and Play Centre (ongoing program)* - The toy lending library provides young children with the opportunity to play with others and to have exposure to educational toys, while increasing parental awareness of how they can participate in their child's development. It also provides opportunities for caregivers to identify children at-risk and to make special needs toys and books accessible to parents who otherwise may be unable to afford them.



Yellowknife Association for Community Living

- *Living and Learning with FASD (ongoing program)* - The goal of this project is to promote the health and social/intellectual development of children with developmental disabilities associated with Fetal Alcohol Syndrome and Fetal Alcohol Effect and to support their families. The project is also active in developing materials that promote the prevention of FAS/FAE.



Aboriginal Head Start

Yellowknives Dene First Nation

- *Yellowknife Aboriginal Head Start (ongoing program)* - The Yellowknives Dene First Nation Aboriginal Head Start program is an early intervention pre-kindergarten program for First Nations, Métis and Inuit children and their families. The program is dedicated to the spiritual, social, emotional, intellectual and cultural well-being of the children, while supporting families in assisting their children to become life long learners. This project provides thirty-two (32) children with a morning or afternoon preschool program. Program components include: education; health and nutrition; parent and family involvement; the Dogrib language and Dene culture. Parents participate in monthly Parent Advisory Circle meetings thus guiding the program in its development. The program hosts a yearly on the land experience at a Dene Culture Camp where Elders share their traditional knowledge.

Community Animation Program

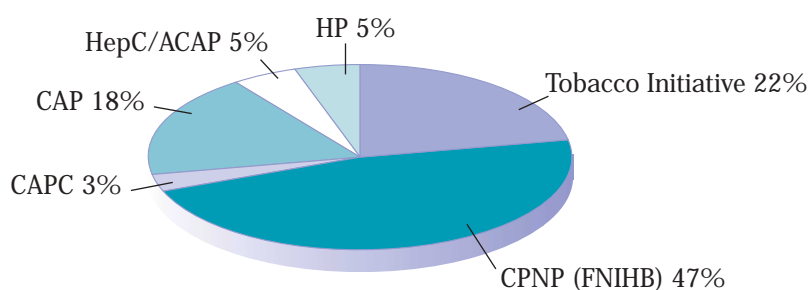
Weledeh Catholic School

- *Weledeh School Alternative/Active Transportation project* - To encourage and promote cycling and other active forms of travel to school as alternative transportation choices for students and teachers that don't already cycle, walk, in-line skate, bus, or carpool to school. The goal of this project was to decrease the number of vehicles traveling to school. In order to help increase the number of people biking to school, additional bike racks were installed to provide a safe and secure place for locking up bicycles.
- *Weledeh School "Hit The Basket" project* - To set up and undertake a clean-up and litter patrol campaign for the Weledeh Catholic School & St. Patrick's High School campus schoolyard. Paired groupings of Weledeh and High School students undertook the litter patrol, clean-up activities on a weekly basis. In addition, sturdy garbage bins were purchased and installed in the schoolyard to provide a secure place for garbage to be deposited away from the wind and the ravens.



Other Projects - 2002/2003 Funding*

	Tobacco Initiative	CPNP (FNIHB)	Aboriginal Head Start	CPNP	CAPC	CAP	HepC/ACAP	PHF	Healthy Children	Health Promotion	Total
Sport North Federation		-	-	-	-	-	-	-	-	9,975.00	9,975.00
Ecology North		-	-	-	-	19,048.00	-	-	-	-	19,048.00
NWT Recreation and Parks Association		-	-	-	-	5,000.00	-	-	-	-	-
Voices of the Soil		-	-	-	-	11,361.00		-	-	-	-
IRC - FAS Conference		39,648.00	-	-	-	-	-	-	-	-	-
NWT Council for Disabled		50,000.00	-	-	-	-	-	-	-	-	-
Native Women's Association of the NWT		-	-	-	10,000.00	-	-	-	-	-	-
Dene Nation			-		-	-	10,000.00	-	-	-	-
Department of Health and Social Services	34,072										
Mildred Hall and Range Lake schools	7,585										
Total	41,657	89,648.00	0.00	0.00	5,000.00	35,409.00	10,000.00	0.00	0.00	9,975.00	191,689.00



* Information on the figures used in this table has been provided in the Introduction (see page 3).

Other Projects in the NWT



Health Promotion Fund

Sport North Federation

- Supported an “Esteem Team North” tour. Athletes inspiring and educating youth to reach their full potential is the goal of The Esteem Team. Over 1400 students were contacted and provided with positive messages through the Tour.



Canada Prenatal Nutrition Program

Yellowknife Health and Social Services Board

- *CPNP Nutrition Support to Enhance Community Capacity* - The project provides enhanced program support to both northern and southern regions of the Northwest Territories. The project will be delivered and managed by a coalition of organizations including the Northern Nutritionist Association, the Inuvik Regional Health and Social Services and GNWT Department of Health and Social Services. With the securing of two Nutritionists, support will be provided to 28 CPNP projects. This program offers five components which include nutrition screening, education and counselling, maternal nourishment, training and capacity building, breastfeeding promotion and support, and accountability and evaluation. Activities include regular site visits, workshops, online telephone support, nutrition screening, education, counselling, breastfeeding support, cooking classes, food voucher programs, video production and a food security kit.

Northern Nutrition Association

- The NNA provided on-line training for CPNP community workers, published a CPNP newsletter, and conducted a CPNP nutrition support evaluation and an overall CPNP evaluation.

Community Animation Program

Ecology North

- *Community Tour of “Earth Dream” Ecotheatre Production* - To introduce the ecotheatre production titled “Earth Dream” on the road to a minimum of three new communities in the NWT. In each community, the volunteer core cast of Ecology North worked with a grade four or five class over a period of three days to stage the production. Activities undertaken included: rehearsals, two school/community performances, and workshops on mask-making, acting, and environmental action planning. Students also helped script the modern history scene of the play to correspond to events in their community.
- *Yellowknife Solid Waste Research project* - To gather information about solid waste management in the City of Yellowknife as a follow-up to the recycling initiatives started in 1990 by Ecology North and transferred over to the City in 1994. A Task Force on Waste was created to undertake: a records search of pertinent current and past reports/documents; interviews with knowledgeable people (on staff with the City, other government departments, citizens of the community); citizens’ involvement through community discussions; writing a final report with Ecology North’s recommendations for the City of Yellowknife to consider in their deliberations regarding waste management for the municipality.

NWT Recreation & Parks Association

- *Assistance in delivery of CAP NWT* - To administer the funding allocated to approved projects for CAP NWT for the 2002-2003 fiscal year. In addition, the RPA produced & maintained a comprehensive mailing list, produced & distributed promotional materials, and facilitated the development of CAP NWT proposals.

Other Projects in the NWT



Voices of the Soil

- Northern Delegate Participation at “Hearing the Voices of the Earth through Community Gardens and Habitat Restoration Projects” workshop - Travel/accommodation/meal expenses for delegates representing community gardens and other habitat restoration groups from Nunavut and Northwest Territories to attend this event and share their learnings with residents of their home community/region. A provincial gathering was held in the fall of 2002, bringing together people from all over Alberta, NWT, and other prairie provinces interested in community gardening, restoring urban and rural spaces, and caring for the soil. Based on the theme of ‘Hearing the Voices of the Earth’, this gathering offered a unique opportunity for participants to share their challenges and solutions, and to learn from each other’s experiences in community gardens, habitat restoration projects, and school naturalization projects.

Hepatitis C/AIDS Community Action Program



Native Women’s Association of NWT

- Awareness presentations, resources and dramatic presentation, discussion, at annual conference/AGM. Target: Aboriginal women and youth.

Dene Nation

- Focus group with elders, develop strategy, tape elders’ messages and distribute to community radio stations, develop materials. Target: young Dene adults in all NWT regions

First Nations and Inuit Tobacco Strategy funding

Department of Health and Social Services, GNWT

- A series of posters were developed on the theme of tobacco and sport with the tag line “The best you can be... tobacco-free”. They featured up and coming young aboriginal athletes who were considered by coaches to be good role models generally, but were also not tobacco users.

Portable Tobacco Displays

- Portable tobacco displays (8’ x 3.5’) with aboriginal design work were developed for distribution to regional health authorities. The displays are meant to be used for educational purposes at functions where people gather such as aboriginal assemblies, health and wellness fairs, etc. or as teaching aids in schools or workshops.

Tour of author Georgina Lovell

- Georgina Lovell, author of the book “You are the target: Big tobacco, lies, scams and now the truth” did a speaking tour of schools (mostly grades seven – 12) and adult education centers in Yellowknife, Rae-Edzo and Ft. Providence. A total of 20 presentations to approximately 730 students were done in the period of a week.

Resource development

- A number of tobacco resources were developed and/or disseminated to communities in the NWT .

Mildred Hall & Range Lake North Schools

- *BLAST School Projects* – Schools attending the October 2002 youth tobacco conference (BLAST) were invited to submit proposals to fund school tobacco initiatives. Two schools were able to take advantage of this opportunity. One hosted their own in school conference for 42 grade six to eight students; the other planned a variety of educational activities and ran a quit smoking contest for their school.